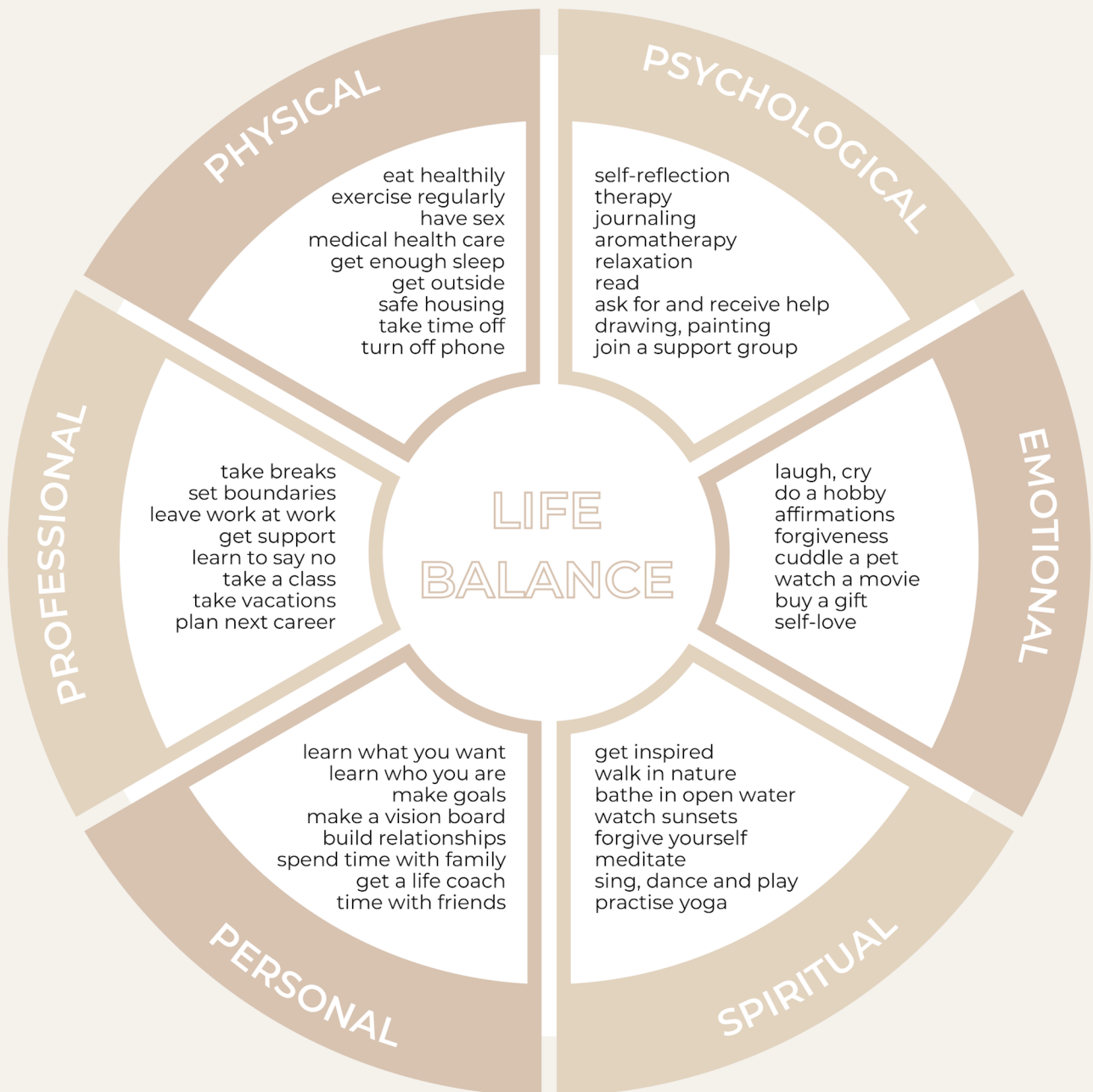




SELF CARE wheel



Source: Olga Phoenix